

Health & Physical Education (K-12)
University of North Carolina at Charlotte

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title	Course Offerings
B	Individual, Community, & Global Health Issues	HLTH 4280*	Global Health Issues*	F, S
C	Human Biology, Anatomy, & Reproductive Health	BIOL 1110	Principles of Biology I	F, S, SS
		BIOL 2273*	Human Anatomy & Physiology	F, S
		BIOL 4283*	Developmental Biology*	UD
D	Fundamental Motor Skills & Movement Forms	KNES 2150	Introduction to Kinesiology	S, SS
		KNES 2298*	Applied Kinesiology*	S
E	Sports, Physical & Leisure Activities	KNES 1208-1263	Any Sports, Physical or Leisure Activity Class	
		KNES 2212-2238		
F	Healthy Behavior, Fitness, & Obesity Prevention	KNES 4130	Applied Nutrition	S
		HLTH 3103*	Behavior Change Theories and Practice	F
		HLTH 2101	Healthy Lifestyles	F, S, SS
G	Health Education & Promotion	KNES 3260*	Nutrition for the Physically Active*	F
		KNES 4132*	Lifetime Weight Management and Behavior Change*	S
		HLTH 4210*	Health Promotion and Risk Reduction	UD

Posted: 3/4/2019
 Revised: Spring 2019

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
 e=even years, o=odd years, ^=online

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.uncc.edu/>